

Trailhead Clinics Patient Communication Policy

At Trailhead Clinics we are passionate about providing improved access and communication for our patients. We have many ways that you can contact your medical team, but depending on the situation, some are more appropriate than others.

It is very important that you take a moment to review this policy so that we can best meet your needs.

After Hours

One way to reach the on-call physician with urgent concerns after hours and on weekends is to call the Trailhead Clinics number at 970.644.5999 and follow the prompts to reach the on-call physician.

If you have a true emergency you should call 911 or go the emergency room.

Mobile Phone Numbers

Dr. Boyer 970.822.0125 | Dr. Howe 970.822.0425 | Dr. Gorman 970.822.0115 have direct cell phone numbers that are provided to all of our patients for urgent issues that can't wait until the next business day. You can also text these numbers directly. During regular business hours all calls to our mobile phone numbers will be forwarded to the clinic reception desk.

After hours and on weekends please call (do not text/use Spruce app) for urgent issues.
If we do not answer, please leave and message and we will return your call within 1 hour.

Spruce Phone/Web App

This secure phone/web app is extremely useful in many situations including requesting medication refills, appointments and non-urgent questions.

This app also allows for video chatting and sharing photos.

Our clinical staff will send you an invite to download the secure app.

Please let us know if you haven't received an invitation.

Our goal is to respond to messages within 1-2 business days, but often times we respond within the same day.

Medication Refills

Please give your medical team 2 business days to refill medications.
We will often get this done sooner.

Email

You can also reach Dr Boyer at dr.boyer@trailheadclinics.com,
Dr. Howe at dr.howe@trailheadclinics.com,
and Dr. Gorman at dr.gorman@trailheadclinics.com

***Email is our least preferred form of communication and is not considered
sesecure. Please allow at least 1 week for an email response.***



A Better Kind of Primary Care

970.644.5999 trailheadclinics.com

235 N. 7th St Grand Junction, CO 81501